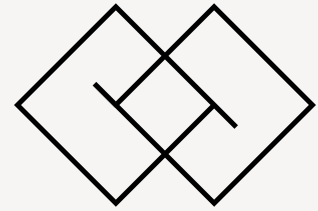


PRESS RELEASE



FOR IMMEDIATE RELEASE

October 14, 2024

FERRANTE FAMILY WELLNESS LAUNCHES NEW HYPNOTHERAPY PROGRAMS FOR NEURODIVERGENT FAMILIES

Bringing Clinical Hypnosis and Therapeutic Techniques to Improve Cognitive Performance and Well-being

Broken Arrow, Oklahoma- Jennifer Ferrante, CHt, a Certified Clinical Hypnotherapist and co-founder of Ferrante Family Wellness, along with her husband, John Ferrante, is excited to announce the launch of new hypnotherapy programs tailored specifically for neurodivergent children and their parents. These innovative programs focus on recognizing and validating unique interoceptive and sensory experiences, providing a supportive approach for families navigating neurodivergence.

"Neurodivergent children often experience the world in ways that are deeply tied to how they process internal body signals and external sensory input," said Jennifer Ferrante, CHt. "Our programs are designed to help these children- and their parents- understand and embrace these experiences, guiding them through a process of validation and transformation.

Through personalized hypnotherapy session, Ferrante Family Wellness supports clients in identifying mixed interoception signals- such as difficulties interpreting hunger, pain, or emotional states- and helps them reframe these sensations with greater clarity and self-compassion. By addressing these aspects, children and parents can build stronger emotional resilience, improve communication, and shift from feeling overwhelmed to empowered.

Our approach is about creating a safe space where children and their parents can explore these sensations without judgement," Jennifer added. "With guided hypnosis, we work on reprogramming responses to sensory triggers, allowing families to rebuild deeper connections and improve their overall well-being."

For more information on these programs, visit Ferrante Family Wellness or contact Jennifer at Jennifer@FerranteFamilyWellness.com.

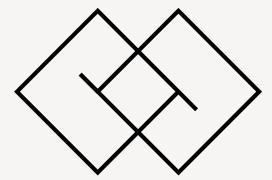
ABOUT JENNIFER AND FERRANTE FAMILY WELLNESS



Ferrante Family Wellness is a leading hypnotherapy practice in Broken Arrow, Oklahoma, specializing in supporting neurodivergent children and their families. Led by Jennifer Ferrante, CHt, a certified clinical hypnotherapist, the practice focuses on helping clients navigate and transform their sensory experiences, build emotional resilience, and foster deeper connections. Using a blend of clinical hypnosis, epigenetic mindset techniques, and customized neurofeedback programs, Ferrante Family Wellness is committed to empowering families to thrive by embracing their unique neurological wiring.

With over a decade of experience working with and teaching neurodivergent children, and raising seven of her own, Jennifer Ferrante has a deep passion for working with families that experience the joy and limitations that come with being neurodivergent in a world that is not geared towards this brain wiring. Jennifer's practice is centered around identifying and validating mixed interoception- how individuals perceive internal signals such as hunger, emotions and pain- and sensory experiences. Jennifer is dedicated to creating a safe space where children and families can feel seen and supported, using hypnotherapy to shift subconscious beliefs and patterns for lasting positive effect.

FACT SHEET



Specialization: Hypnotherapy for Neurodivergent Children and Families

- Focus on identifying and validating mixed interoception and sensory experiences.
- Tailored hypnotherapy programs for children with ADHD, autism spectrum disorder, sensory processing differences, and related conditions.
- Supporting parents in understanding their child's experiences and fostering stronger emotional bonds.

Signature Programs:

- **Neurodivergence Navigator:** A 12 week guided program designed to help children understand and manage their sensory and interoceptive experiences through age-appropriate hypnosis and mindfulness techniques.
- **Parent Connect Hypnotherapy:** Focused sessions for parents to learn how to support their neurodivergent child, develop new communication strategies, and manage their own stress and overwhelm.
- **Sensory Sanctuary Workshops:** Group workshops providing tools and techniques for families to create sensory-friendly environments at home, while using guided visualization and relaxation methods.

Techniques and Approach:

- Neurolinguistic Programming (NLP) for reframing sensory triggers.
- Mind-body hypnosis techniques that target interoceptive awareness.
- Epigenetic mindset coaching to promote long-term changes in thought patterns and emotional resilience.

Media Coverage

- *Pretty Psych Podcast with Megan Dawn Owen:* Discussing the impact of gaslighting on interoception, how hypnosis can help reframe sensory experiences, and support for neurodivergent families.

Megan says, "It seems as though what you do, Jen, is you open up some beautiful qualities in other humans, pointing out their super powers, helping them to navigate very challenging waters in a neurotypical culture, and you highlight the beauty of that human being. And you have a gift for highlighting that vibrancy and it's beautiful."

- *Raising Resilient Kids: Jennifer Ferrante Of Ferrante Family Wellness On Strategies for Nurturing Emotional Strength in Children, An Interview With Dr. Kate Lund*
<https://medium.com/authority-magazine/raising-resilient-kids-jennifer-ferrante-of-ferrante-family-wellness-on-strategies-for-nurturing-3c29b9ede575>